

# Biz Training Solutions

## Manual Handling for Managers

### Summary

This course is designed for those with health and safety responsibilities. Manual handling injuries account for more than a third of all workplace accidents reported every year. Understanding the principles of manual handling and what you as an employer should do to protect your employees, will reduce the risk of your organisation adding to the statistics.

This course explores legal responsibilities hazards, risks and risk reduction, completing risk assessments and handling techniques. It will help you to comply with the law and provide you with the knowledge to improve safety in your workplace.



### Lessons:

- Lesson 1: Legislation, duties and types of hazards
- Lesson 2: Injuries and ill health associated with manual handling
- Lesson 3: Hazards and reducing risk
- Lesson 4 - How to undertake a MAC assessment
- Lesson 5: Completing a TILE assessment
- Lesson 6: Manual handling techniques and aids

### Continuing professional development (CPD):

All of our courses are certified by the CPD certification service

### We offer formal accreditation:

Open College Network West Midlands is a national award winning organisation, regulated by Ofqual and the Quality Assurance Agency for Higher Education (QAA). Additional costs will apply.

For further information, please visit: [www.biztrainingsolutions.co.uk](http://www.biztrainingsolutions.co.uk)  
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