

# Biz Training Solutions



## Summary

Health and safety is everyone's responsibility. A basic knowledge of health and safety is essential for any workplace. This course is designed to give you an overview of different hazards you may encounter whilst at work, how to prevent common accidents and reduce the risk of accidents in the workplace.

We cover legislation that is in place to protect the employee and guide the employer, to provide a safe, healthy and effective working environment. The skills and understanding developed will enable you to take a measured approach to health and safety at work.

## Lessons:

- Lesson 1: Health and safety responsibilities
- Lesson 2: Injuries, first aid and reporting procedures
- Lesson 3: Slips, trips, falls and hazardous substances
- Lesson 4: DSE and manual handling
- Lesson 5: Health and safety signage, fire safety and electricity
- Lesson 6: How to undertake a risk assessment

## Continuing professional development (CPD):

All of our courses are certified by the CPD certification service

## We offer formal accreditation:

Open College Network West Midlands is a national award winning organisation, regulated by Ofqual and the Quality Assurance Agency for Higher Education (QAA). Additional costs will apply.



For further information, please visit: [www.biztrainingsolutions.co.uk](http://www.biztrainingsolutions.co.uk)  
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